

YOU ARE ALWAYS ONE DECISION AWAY FROM A TOTALLY DIFFERENT LIFE.

Today's date is:

Today I am excited about everything!

MY DAILY AFFIRMATIONS

I synthesize happiness. I am brave, adventurous, fearless, and reckless. I follow my dreams. When I like the music, I dance! I am healthy and healing. I eat intuitively and nourish my body with everything it needs. I feed my spirit. I train my muscles. I focus my mind. I like my toes and my face and my skin and my body. I am as beautiful as the moon. I am brilliant, a genius. I am creative, artistic, and unique. This is a universe of abundance; it gives me whatever I desire. I am adaptable, ambitious, and driven. I make things happen. I am cool, collected, calm, and confident. I love people. I am clever, witty, and fun. I am crazy, weird, and I do not care what people think. I am a lover, a healer, a hippy. I always land on my feet. I can do anything I put my mind to. I am earth-loving, conscious, and kind. I am strong and powerful like the sun. I create change. I am rich. I am proud of myself. I was made exactly the way I am with divine intention. And

Gosh darn it people like me!

TODAY'S TOP THREE GOALS

What on earth will you manifest today?

UN:

DUX:

TROIS:

Other to-dos:

DAILY GRATITUDES

10 things that knocked your socks off!

5 in the morning, 5 at night

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

Biggest WILDEST DREAMS

MORNING ROUTINE

make bed water bottle breakfast
vitamins front of worksheet check
planner/set to-do

SUCCESSFUL HABITS

badasses do these things everyday:

- 8 hours of sleep
- 2 bottles of water
- exercise
- design
- write
- read
- create boundaries
example:

GETTING SHIT DONE

What are you proud to have accomplished today?

UNO:

DOS :

TRES:

**YOU ARE RICH AND
GETTING RICHER
EVERY DAY**



What exchanges did you perform today?

Were you money-wise?
Yes No Maybe

I LET GO OF THAT WHICH NO LONGER SERVES ME.

What have you done to declutter today?

FUN FACT:

something interesting, useful, or cool that I learned today:

**HOW WILL I MAKE
AN IMPROVEMENT
TOMORROW?**

NIGHTTIME ROUTINE

- airplane mode
- pick out outfit
- floss
- meditate
- back of worksheet
- visualize
- write

It is my time.